



JULY/AUGUST 2017

OK PEDIATRICIAN

LETTER FROM THE PRESIDENT

Hello fellow OKAAPers!



I am so saddened, disgusted really, by the recently released Senate health care bill. It includes plans for *permanent* Medicaid cuts that go even deeper than those proposed in the House's failed *American Health Care Act* (AHCA). Oh, and is that a sarcastic note of poor sportsmanship I detect in Senate proposal's title, the **Better Care Reconciliation Act**" (BCRA)? It seems to have a tinge of playground bullying in it (Ha, ha, representatives- and Obama-our health care policy proposal is **Better** than yours! Nanny, nanny, boo, boo!).

I love what Marian Wright Edelman, President and founder of the Children's Defense Fund, said about BRCA recently.

"Our nation has lost its way as Congress stealthily debates dismantling Medicaid and the health safety net for the neediest children and adults. And as we await the Congressional Budget Office's cost and impact report and the final outlines of the Senate health care proposal the only thing I can think of at this moment is to pray for our leaders to rediscover some semblance of common sense and moral decency and protect the 37 million children on Medicaid and the millions of disabled adults and others for whom it is an indispensable lifeline. I hope enough of us will let our voices be heard loudly and clearly in the Congress, the White House and in Statehouses: babies' health care should not be capped and cut to give more tax breaks to billionaires, poor and disabled children and the elderly should not be hurt to give powerful corporations greater profits, and healthy births to mothers should not be jeopardized to subsidize tax cuts for millionaires."

Given the large percentage of families in our state who live in poverty and whose children are covered by Medicaid (see the [AAP state fact sheets](#)), and that the Senate's block grant or caps

MARK YOUR CALENDAR - 2017

- ◆ District VII Meeting: August 10-13 - Ottawa, Canada
- ◆ AAP National Conference & Exhibition: September 15-19 - Chicago, IL

IN THIS ISSUE

Letter from the President	1
Welcome New Members	2
Resident in the Spotlight	3
Oklahoma Breastfeeding Resource	3
Knowledge, Attitudes, and Practices of Physicians about EMDI Systems:	4
News and Opportunities	5

would shift a large burden of the costs for Medicaid to the state, Oklahoma children (not to mention the elderly and those with disabilities) stand to lose significantly. While I appreciate the need to manage health care spending, does it really need to be done at the expense of our most vulnerable citizens?

Mrs. Edelman also posted a wonderful poem on the CDF website, and I wanted to share it with you, too, to help us all remember for whom we are fighting (assuming you share my concerns about what's going on in DC right now).

[A Prayer for Children© \(By Ina J. Hughs\)](#)

We pray for children
 who put chocolate fingers everywhere,
 who like to be tickled,
 who stomp in puddles and ruin their new pants,
 who sneak Popsicles before supper,
 who erase holes in math workbooks,
 who can never find their shoes.

Continued on the next page...



LETTER FROM THE PRESIDENT CONTINUED...

who stare at photographers from behind barbed wire,
who've never squeaked across the floor in new sneakers,
who never "counted potatoes,"
who are born in places we wouldn't be caught dead,
who never go to the circus,
who live in an X-rated world.

We pray for children
who bring us sticky kisses and fistfuls of dandelions,
who sleep with the dog and bury goldfish,
who hug us in a hurry and forget their lunch money,
who cover themselves with Band-aids and sing off key,
who squeeze toothpaste all over the sink,
who slurp their soup.

And we pray for those
who never get dessert,
who watch their parents watch them die,
who have no safe blanket to drag behind,
who can't find any bread to steal,
who don't have any rooms to clean up,
whose pictures aren't on anybody's dresser,
whose monsters are real.

We pray for children
who spend all their allowance before Tuesday,
who throw tantrums in the grocery store and pick at their food,
who like ghost stories,
who shove dirty clothes under their bed and never rinse out the tub,
who get visits from the tooth fairy,
who don't like to be kissed in front of the carpool,
who squirm in church and scream in the phone,
whose tears we sometimes laugh at and
whose smile can make us cry.
And we pray for those
whose nightmares come in the daytime,
who will eat anything,
who have never seen a dentist,
who aren't spoiled by anybody,
who go to bed hungry and
cry themselves to sleep,
who live and move, but have no being.
We pray for children who want to be carried,
and for those who must.
For those we never give up on,
and for those who don't get a second chance.
For those we smother,
and for those who will grab the hand of anybody kind enough to offer.

I hope you will join me in monitoring the progress of the Senate bill when congress reconvenes after the July 4th recess. You can sign up for advocacy alerts from AAP [HERE](#). (AAP log in re-

quired.) You can also sign up for the Children's Defense Fund emails and newsletter at <http://www.childrensdefense.org/>. When calls go out to AAP membership with instructions on how to advocate to save Medicaid, please don't ignore them. Senators listen to calls from constituents.

As usual, please join me in thanking Amy Prentice for putting together such a great newsletter edition again. Please contact Amy if you would like to highlight an activity or content area of interest to you that you think would be of interest to other OKAAP members so we can include it in a future OKAAP newsletter.

Thanks again to all of you and all that you do for Oklahoma children!



Laura McGuinn, MD, FAAP
OKAAP Chapter President



The OKAAP Board of Directors would like to welcome the most recent new and returning Chapter Members!

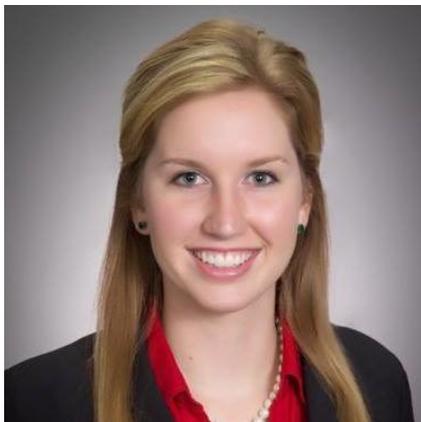
Misti Crawley, DO, FAAP	Chapter Fellow
Anum Fayyaz, MBBS	Resident Member
Jennifer Jenkins, MD, FAAP	Chapter Fellow
Jessie Jose	Medical Student
Tammi Lahr, DO, FAAP	Chapter Fellow
Stacy Nichols-Byll, MD, FAAP	Chapter Fellow
Jena Nimri, MD	Resident Member
Blaine Sayre, MD, MPH	Senior Member
Natalya Sebastian	Medical Student
Anam Siddiqui, MBBS	Resident Member



OKLAHOMA'S RESIDENT IN THE SPOTLIGHT

Elizabeth Pflug, MD

Once upon a time in Omaha, Nebraska, there lived a girl named Elizabeth who knew she was born to have adventures. Her whole life she trained for them—fencing with her sisters, picking locks with her brother, and devouring every book in the school library. Through it all, she wondered what



kind of adventure she was destined for. “Maybe I will be an astronaut,” she thought, “a pioneer woman advancing science on the final frontier. Perhaps I will be a librarian and shine light into dark minds. Or I might be a pianist and touch people’s hearts through my music. Maybe I will be a missionary, bringing a balm to the soul.” All of these adventures seemed good to her, though it was unclear which of them might require lock picking.

As Elizabeth progressed through her years of training, she became aware that her world did not particularly need more astronauts, or pianists, or even librarians. She also discovered that she would not be satisfied by touching just minds, or just hearts, or just souls. “There must be someone,” she mused, “who takes care of everything, from the skin to the spirit.” And so she was called to medicine. Her adventure in medicine took her from school in Omaha to residency in Oklahoma City, where, for obvious reasons, she studied pediatrics. She is hard at work in a program she loves with people she admires. Now every day is an adventure, every patient an opportunity, and every invitation to write a much-needed creative outlet. Not even Elizabeth knows with certainty where this adventure will take her next, but she can’t wait to find out.

OKAAP would like to welcome Dr. Pflug as the newest Resident Representative to the OKAAP Chapter Board!



OU Physician’s Breastfeeding Clinic REOPENED! Seeing breastfeeding couplets daily. Our clinic is M-F, able to accept all insurance carriers, and is billing on the baby. Common problems seen include insufficient milk supply, nipple pain, failure to thrive/slow weight gain, food allergies/elimination diets, and more.

Referrals may be needed.

Clinic # 405.271.9494 or fax a referral at 405.271.4046.

Congrats to our two NEWEST Baby-Friendly Hospitals in Oklahoma! Both St Anthony Hospital, OKC, and Integris Health Edmond have joined to make a grand total of 6 Baby-Friendly Hospitals in the state area. For a complete list of Baby-Friendly hospitals, please visit www.ouhsc.edu/breastfeeding. Interested in becoming Baby-Friendly? Please give Oklahoma Breastfeeding Resource Center a call at 405.271.6162 or email obrc@ouhsc.edu.

CALLING ALL PEDIATRIC SUBSPECIALISTS!



Share your subspecialty knowledge and information with other OKAAP members. Submit an article for the OKAAP E-newsletter. Contact Amy at aprentice@upal.com or 918-858-0298.



KNOWLEDGE, ATTITUDES, AND PRACTICES OF PHYSICIANS ABOUT EHDI SYSTEMS:

Part 18 – Referring to other specialists upon hearing loss diagnosis.

By the Oklahoma Newborn Hearing Screening Program & Oklahoma Audiology Task force

Most medical home providers acknowledge that the American Academy of Pediatrics (AAP) requires referring a child with confirmed permanent hearing loss to an otolaryngologist. However, did you know that the AAP recommends referring for ophthalmologic and genetic medical evaluations to determine etiology and identify related conditions? Additional referrals may be needed for some children including developmental pediatrics, neurology, cardiology and nephrology. However, according to Knowledge, Attitudes and Practices of Physicians in Oklahoma study, only 78.5% otolaryngologist, 8.9% to a geneticist and 0.9% to the ophthalmologist.

PARENT & PROVIDER RESOURCE:

When a child is diagnosed with hearing loss, parents may have many questions for their Medical Home provider. To assist with these efforts, the Center for Disease Control and Prevention (CDC) has developed several tools for parents as they learn about ways to help their child who has hearing loss. One of those resources is the Questions you May Want to Ask Your Child's Medical Professional handout. This two-sided document provides questions about medical services for children with hearing loss and identifies additional specialists in which their child may be referred to by their medical professional. The document can be located at

https://www.cdc.gov/ncbddd/hearingloss/freematerials/medical-professional-questions_eng.pdf

As the coordinator for all areas of a child's medical care, medical home providers should be aware of additional specialists who will look at the child's specific health needs. These specialists may look at eyes, language or speech needs, genetics, or other areas. As a child's medical professional, you will help decide which specialists a child should see and when to see them.

As a medical professional, you may send your child to some or all of the following specialists:

Ophthalmologist: A doctor who specializes in eyes.

Otolaryngologist: A doctor who specializes in the ear, nose, and throat. This professional is often called an ear, nose and throat doctor or ENT.

Geneticist: A professional who specializes in genetics and the different medical conditions (including hearing loss) that might be related to genetics.

Audiologist: A professional trained to test hearing.

Speech-language pathologist: A professional trained to test and work with children with speech and language problems.

Early intervention provider: A person who provides support services for families and children from birth to 3 years of age, who have or are at risk for developmental delays.

To learn more about the Oklahoma Newborn Hearing Screening Program, gather resources for families, or receive a copy of the previous articles in this series, please send an email to NewBornScreen@health.ok.gov.

List any specialists to whom you would routinely refer the family of a child with confirmed permanent hearing loss (list the types of specialists):

	2006 - USA	2012 - OK
ENT/Otolaryngology	78.5%	65.3%
Geneticist	8.9%	3.4%
Ophthalmologist	0.9%	0.8%
Audiologist	41.3%	58.5%
SLP/Speech Therapy	27.9%	31.4%
Occupational Therapist	2.3%	0.8%
Child Development/EI	11.4%	6.8%
Neurology	7.1%	1.7%
Pediatrician	2.0%	5.1%
Social Worker	---	0.8%
EHDI	---	0.0%
Other	2.1%	10.2%



NEWS AND OPPORTUNITIES

Pediatricians leading charge to protect Medicaid

The Academy hosted a Day of Action to Protect Medicaid last week, engaging its full membership of 66,000 pediatricians, to urge U.S. senators to oppose any funding cuts or caps to Medicaid. Hundreds of pediatricians took action through calls, emails, tweets and even videos to their senators, expressing the importance of Medicaid for the 37 million children who rely on the program. Here is a compilation of about [50 pediatrician video testimonials](#) on the importance of Medicaid to their patients. Following the Senate's introduction of its health care legislation, the Academy issued this [statement](#) opposing the bill.

Go the Extra Mile

The American Academy of Pediatrics invites you to the 2017 National Conference & Exhibition (NCE) on September 16-19. There will be over 350 educational sessions including practical hands-on learning and networking in addition to the largest pediatric technical exhibit of its kind. Register at <http://aapexperience.org/>.

Volunteer Opportunity

OKAAP is seeking to fill the position of The Chapter Breastfeeding Coordinator (CBC). The CBC is an ambassador of the AAP Section on Breastfeeding (SOBr). The Chapter CBC provides leadership in promoting, protecting, and supporting breastfeeding in their state chapters and communities. Download the position summary, requirements, and job description of the CBC here. <http://www.okaap.org/wp-content/uploads/2017/05/CBCJobDescription2016.pdf>

Oklahoma Early Childhood Coalition Business Summit

Potts Family Foundation is hosting the 2017 Oklahoma Early Childhood Coalition Business Summit at the Embassy Suites Oklahoma City Downtown/Medical Center on July 12, 2017.

This year's summit will highlight the successes of the Oklahoma Early Childhood Coalition, with special emphasis on four areas of impact to families with children, birth to five. Those areas are:

- Pay for Success, as a public/private strategy for achieving measurable outcomes
- Connection children's physical and brain health
- Adverse childhood experiences and ways communities can build resilience
- A two generation approach to reducing poverty and improving education and work outcomes

Anyone wishing to attend can register through this Event Brite link: <https://www.eventbrite.com/e/2017-oklahoma-early-childhood-coalition-business-summit-tickets-33907928527>

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