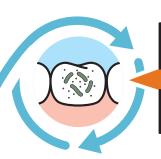
## Now you're brushing for two



WHEN YOU'RE PREGNANT

YOU MAY BE MORE PRONE TO

GUM DISEASE AND CAVITIES



After your baby is born, you could pass the bacteria that contributes to cavities from your mouth to hers.



THAT'S WHY

**EVERY PREGNANT WOMAN** 

NEEDS TO VISIT HER DENTIST

## MAKE YOUR APPOINTMENT BEFORE THE BABY COMES





ONCE SHE COMES, WE'RE GUESSING YOU'LL

**BE PRETTY BUSY** 







Fips to keep your mouth healthy



MORNING

SICKNESS,

RINSE YOUR MOUTH WITH ONE TSP OF BAKING SODA IN A GLASS OF WATER

AFTER YOU GET SICK.



BE SURE TO
BRUSH TWICE A DAY
AND FLOSS DAILY

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Oklahoma Chapter

American Academy of Pediatrics
INCORPORATED IN OKLAHOMA